Lighting Up Single-mRNA Translation Dynamics in Living Cells

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Abstract

Over the past five years, technological advances have made it possible to image the translation of single mRNA in the natural context of living cells. With these advances, researchers are beginning to shed light on when, where, and to what degree mRNA are translated with single-molecule precision. These works provide insight into the heterogeneity of translation amongst single transcripts, behavior that is averaged out in complementary bulk assays. In this review, we discuss the rapidly maturing field of live-cell, single-mRNA imaging of translation, beginning with a brief overview of recent technological advances. The remainder of the review focuses on the new biological insights gained from these technologies. We conclude with a discussion of the future of this technology.

Keywords

Translational gene regulation; Single Molecule Imaging; live-cell fluorescence Microscopy

Introduction

Translation is the process by which a ribosome decodes an mRNA codon by codon to synthesize a nascent polypeptide chain. The process has traditionally been studied in cells by detecting expression levels via radiolabeling, fluorescence or bioluminescence (Reviewed in [1]). More recently, ribosome profiling has also been used, in this case, to see where translating ribosomes are distributed across the whole transcriptome[2,3]. While powerful, a drawback of these assays is their reliance on population averaging, which limits their temporal resolution and averages out any heterogeneity in translation that might exist from one mRNA to another [4]. Complementary techniques are therefore required to study...
translation at the single-mRNA level with higher temporal resolution, preferably in the natural context of living cells.

In an eventful few months in 2016, five publications developed technology to visualize translation in living cells at the single-molecule level [5–9]. The technology, which we refer to collectively as Nascent Chain Tracking (NCT) for simplicity here, uses complementary probes to label mRNA and nascent polypeptide chains in translation sites with different colored fluorophores (Figure 1). mRNA are labeled with the MS2 or PP7 systems (Reviewed in [10]). Similarly, nascent chains are labeled by fluorescent antibody-based probes, either single-chain variable fragments (scFv) [11] or fragmented antibodies (Fab) [5,12]. These probes bind short, repeated epitopes fused to the N-terminus of a protein of interest.

Unlike more traditional fluorescent fusion tags such as GFP, which take minutes to fold and fluoresce, the major advantage of using fluorescent Fab or scFv is they can light up a nascent polypeptide chain co-translationally, within seconds of its emergence from the exit tunnel [13]. With NCT, it is now possible to visualize where the translating mRNA are in cells, the heterogeneity in translation dynamics between single mRNA, and the specific kinetics of translation initiation and elongation.

This sudden burst of papers from several different labs signifies the need and power of NCT. Since NCT has been cross-verified across research labs, several groups are now starting to use it to extend what we know about translation. In what follows, we highlight the most recent advances of NCT and discuss how the technology is being used to dissect the kinetics of translational gene regulation with unprecedented spatiotemporal resolution.

**New Advances in Nascent Chain Tracking**

Since 2016, a couple of significant advances have made NCT more versatile and user-friendly, as summarized in Figure 1. First, considerable effort has been made to make more genetically encoded antibody-based probes. To complement the popular SunTag scFv [11], the anti-MoonTag probe was derived from a camelid nanobody that binds the HIV gp41 epitope (KNEQELLELDKWASL, referred to as the MoonTag) [14]. Likewise, to complement the HA spaghetti monster tag [16], the anti-HA frankenbody was developed to bind the classic HA epitope (YPYDVPDYA) [17]. Since the SunTag scFv, MoonTag nanobody, and frankenbody can be encoded in plasmids, they are cheap, easy to use, and can be further genetically engineered to bind their target epitopes with higher affinity or bind new epitopes entirely. Concurrent with the development of these probes, new repeat epitope tags were designed to simultaneously visualize translation in different reading frames [14,18]. In the MoonTag and SunTag Hybrid (MASH) tag [14] and the multi-frame tag [18], epitopes of one type are interspersed between epitopes of another type encoded in a different frame. In this way, as translation progresses, nascent chains are bound and lit up by different fluorescent probes depending on which frame is being translated [14,18].

Another significant advance in NCT has been computational in nature. Translation is inherently a stochastic process that requires sophisticated modeling to accurately fit and predict single-mRNA dynamics. To make this easier, several labs have now published their
modeling software alongside methods papers [19–21]. RSNAPSIM, for example, includes an interface that allows users to design translation imaging plasmids and simulate common experiments such as FRAP (fluorescence recovery after photobleaching), FCS (fluorescence correlation spectroscopy), and translation inhibitor experiments [21].

**New Applications of Nascent Chain Tracking**

Recently, NCT has been applied to answer numerous biological questions, not only about how translation is activated, but also how cells turn off translation and regulate aberrant mRNA. Here we summarize recent NCT applications to investigate translation control.

**mRNA Structure During Translation**

During canonical translation, interactions between initiation factors bound to the 5' Cap and poly-A tail have led researchers to believe mRNA exist in a stable closed-loop conformation [22]. Recent single-molecule experiments are beginning to question this model. Specifically, Adivarahan et al. and Khong et al. used smFISH ([23,24]; Reviewed in [25]) to precisely measure distances from the 5’ to 3’ end of single mRNA in untreated and translation inhibited cells (Figure 2a; [26,27]). These studies revealed mRNA ends are further apart in translating versus non-translating mRNA species. Furthermore, by using NCT, these studies in fixed cells and more recently Koch et al. in live cells showed that mRNA become more spread out as more ribosomes load [26–28], indicating the translation machinery is responsible for the spreading out. These data suggest either mRNA is not in a closed loop during translation or the closed-loop conformation is a transient event[29].

**Ribosome Recruitment Mechanisms**

Different mechanisms have evolved to recruit ribosomes to mRNA and facilitate translation. The canonical mechanism employed by most eukaryotic transcripts relies on the Cap Binding Complex (CBC) to recruit the first round of ribosomes after nuclear export [30]. To investigate this at the single-molecule level, Hoek et al. used NCT to image translation in wildtype cells and cells with eIF4E inactivated by ha4EBP1 over-expression (leaving only CBC for ribosome recruitment)[31]. According to this work, CBC can recruit multiple ribosomes in bursts during early rounds of translation before being replaced by eIF4E. This work highlights how NCT can be combined with inactivation/knock-down assays to dissect the contribution of a specific factor to translational gene regulation.

In addition to Cap-dependent ribosome recruitment, other non-canonical mechanisms have evolved to recruit ribosomes. One mechanism used by a wide range of viruses to hijack host ribosomes is an Internal Ribosomal Entry Site (IRES), an mRNA sequence that attracts ribosomal initiation factors [32,33]. Through the development of an NCT bicistronic reporter, Koch et al. uncovered the translation kinetics of Cap-dependent versus IRES-mediated translation (Figure 2b; [28]). According to this work, the IRES recruits two to three times fewer ribosomes than the Cap in normal conditions, but the balance shifts dramatically in favor of the IRES during stress.
**Open Reading Frame Selection**

Once the ribosome is recruited to an mRNA, it must scan the 5’ untranslated region (UTR) to find a start codon and thereby choose an open reading frame (ORF). Dr. Marilyn Kozak showed in classic bulk studies that the eukaryotic ribosome typically recognizes an AUG start codon within specific nucleotide contexts when choosing an ORF [34,35]. However, some transcripts have multiple ORFs and/or multiple AUGs, so the ribosome must decide where to initiate translation. NCT is now being used to investigate the stochasticity and heterogeneity of this choice. In one study, NCT was used to examine the regulation of the stress-response gene *ATF4*, the transcript of which contains two upstream ORFs [8]. According to this work, the third ORF, which codes for the ATF4 protein, was rarely chosen by ribosomes under normal conditions but was dramatically upregulated in a short-lived burst upon stress. NCT revealed these bursts were initiated in a matter of seconds and lasted for minutes at a time.

More recently, Boersma et al. used the MASH tag to investigate ribosomal start-site selection (Figure 2b; [14]). In their MASH reporter, nascent chains were labeled in different colors depending on the start site chosen. This revealed a surprising degree of heterogeneity amongst mRNA, with multiple start sites used intermittently and to varying degrees. Different 5’ UTRs resulted in different start site preferences, directly demonstrating a role for 5’ UTRs in dictating which start site is chosen. In addition, computational fits suggested ribosomes often reinitiate after upstream ORF translation.

**Subcellular Localization and Translation**

To regulate genes in a spatiotemporal manner, mRNAs are localized to specific cellular compartments for translation. Multiple groups have now used NCT to study translation dynamics in neurons ([7,19,36,37]; Reviewed in [38]). In particular, Wu et al. showed that translation is not necessarily repressed during active mRNA transport in neurons [7]. More recently, Cioni & Lin et al. showed that endosome-associated mRNA are actively translated [36]. Further, blocking the maturation of endosomes with a drug mutating an important endosomal protein inhibited translation without disrupting the mRNA association with endosomes.

Translation can also be targeted to specific subcellular locations. mRNAs encoding membrane and secreted proteins are translated mainly in the endoplasmic reticulum (ER), whereas mRNAs encoding cytosolic proteins are translated mainly in the cytosol. To further study this, Voigt et al. combined ER staining with NCT to track mRNA encoding cytosolic proteins (Figure 2c; [39]). Surprisingly, they found that a subset of these mRNA were localized to the ER during translation. Furthermore, they showed that mRNA localized to the ER were translated by more ribosomes on average, directly demonstrating subcellular localization can alter translation efficiency.

**Heterogeneity in Ribosome Elongation and Frameshifting**

The regulation of ribosomal elongation rates is an important form of translation control. For example, ribosomes could pause or stall at specific nucleotide sequences to modulate the folding of nascent chains (Reviewed in [40]). Pausing can also lead to ribosomal traffic jams.
that are known to trigger quality control and the unfolded protein response [41]. NCT is now being used to investigate ribosome elongation dynamics in the context of specific mRNA sequences. First, Yan et al. demonstrated that ribosomes pause for extended times at the XBP1 pause site (which is known to induce ribosome pausing [42]), after which they exit together in bursts (Figure 2d; [9]). More recently, Lyon et al. used the multi-frame tag to visualize frameshifting dynamics at the HIV-1 frameshift sequence (Figure 2d; [18]). This sequence contains a ribosomal pause site and a slippery sequence that causes ribosomes to occasionally slip from the 0 frame to the −1 frame. NCT revealed frameshifting occurs in bursts and is associated with long pauses at the frameshift sequence that induce ribosomal traffic jams.

Nonsense-Mediated mRNA Decay

Cells govern which mRNA should be translated by using mechanisms called mRNA surveillance to “survey” and eliminate wrong or mismanufactured mRNA. One type of mRNA surveillance called Nonsense-Mediated Decay (NMD) targets and destroys mRNA containing a Premature Termination Codon (PTC) [43]. To study how ribosomes impact NMD, Hoek et al. used NCT to detect ribosomes at reporter mRNA targeted for NMD by a PTC (Figure 3, Above; [31]). They used variations of mRNA reporters to test the impact of PTC location and context. Strikingly, NMD-triggered mRNA cleavage was found to be induced with equal probability by each translating ribosome. Also, some mRNA (10–20%, depending on the mRNA reporter) were completely NMD-resistant, suggesting heterogeneity in mRNA sensitivity to NMD.

siRNA-mediated mRNA Surveillance

Another type of mRNA surveillance is the small-interfering RNA (siRNA) pathway. To silence translation, siRNA locates a binding site on a target mRNA and slices it in half, promoting rapid mRNA degradation [44,45]. Horvathova et al. first demonstrated that siRNA-mediated mRNA silencing could be seen in real-time in a live-cell, single-mRNA assay called 3′-RNA End Accumulation during Turnover (TREAT), gaining insight into the timing and subcellular localization of these events [46]. More recently, Ruijtenberg et al. used NCT to show that siRNA silenced an mRNA most efficiently after a ribosome translated across the siRNA binding site [47]. Further, they showed that this was most likely due to translating ribosomes disrupting weak, intra-mRNA interactions, thereby changing the mRNA structure. These structural changes exposed binding sites for siRNA-enzyme complexes, promoting siRNA silencing.

Integrated Stress Response

To conserve resources during stress, cells repress translation and target mRNA to membraneless organelles called stress granules or P bodies (Reviewed in [48]). Moon & Morisaki et al. and Wilbertz et al. used NCT to study the dynamics of this process (Figure 3, Below; [49,50]). They showed translationally active mRNA can transiently interact with stress granules and P bodies, but only for a few seconds at a time. In contrast, non-translating mRNA can stably enter stress granules in a “dock and lock” model [49,51]. During stress, mRNA decay was inhibited, and mRNA immobilized within granules rarely transferred to other granules [46,50]. After stress, stress granules dissolved and released
mRNA back into the cytoplasm, after which translation returned to near pre-stress levels [49,50]. These data suggest mRNA in stress granules can reinitiate translation.

**Future direction**

As the breadth of recent applications indicates, NCT is a rapidly maturing technology that is now beginning to shed light on traditionally hard-to-see aspects of translational gene regulation. The ability of NCT to resolve precisely when, where, and to what degree single mRNA are translated in living cells makes it ideally suited to address questions of translational heterogeneity and stochasticity. In the future we anticipate NCT will be used to clarify how various post-transcriptional mRNA modifications--chemical marks [52,53], subcellular and higher-order structure [54–57], and bound regulatory factors [58,59]--all impact translational control.

While the versatility of NCT has certainly improved with the additions of the MoonTag nanobody [14], frankenbody [17], MASH tag [14] and multi-frame tag [18], there is still much room for improvement. To facilitate multiplexed imaging, additional probes binding complementary epitopes are still needed. Since the frankenbody is modular, loop grafting can be used to generate new probes quickly [17]. Likewise, new nanobodies continue to be developed to bind epitopes in vivo, such as the BC2 [60] and ALFA nanobodies [61]. These may have future applications as NCT probes. As well, additional RNA tags could enhance multicolor applications. For this, riboglow [62,63] and fluorogenic Mango arrays [64] show great promise. Finally, as the probe and tag sets for NCT continue to expand, software will also need to improve to assist with experimental design and interpretation.

To fully exploit NCT and better decipher translational regulatory mechanisms, it will be important to combine it with other technologies. Since NCT marks translation sites, specific translational regulatory factors can be tagged in separate colors or depleted/enriched to directly visualize their impact on translation dynamics. This strategy was used, for example, to distinguish the contribution of the CBC from eIF4E during translation initiation [31]. Alternatively, in the future NCT could be combined with tethering assays [65] to force a factor to a translation site and directly visualize its perturbative effect. Tethering could even be made inducible by chemicals [66] or light [67] to perturb translation in a controlled, reversible fashion.

Ultimately, the final frontier for NCT is to move closer to imaging native translation in vivo. Antibodies against endogenous epitopes could light up native translation. A proof-of-concept of this approach was used to image the translation of endogenous PCNT protein in fixed cells [68]. With a full suite of genetically encoded probes and tags at hand, NCT in tissue or model organisms is also possible by genome engineering. However, advanced light-sheet microscopy [69] with adaptive optics [70] will likely be necessary to focus deep within specimen while maintaining good signal-to-noise and spatiotemporal resolution with minimal phototoxicity.
Regardless of how NCT precisely evolves or which biological questions it eventually helps tackle, its unique ability to light up single mRNA translation in living cells means its future will undoubtedly be bright.

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**References and recommended reading**

Papers of particular interest, published within the period of review, have been highlighted as:

** of greatest interest
* of special interest

MoonTag systems in alternate reading frames, they discovered that alternative start site selection happens frequently. Different 5’ UTRs resulted in different start site preferences, directly demonstrating a role for 5’ UTRs in dictating which start site is chosen. In addition, computational fits suggested ribosomes often reinitiate after upstream ORF translation.


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Figure 1. Advances in single-mRNA translation imaging technology.

In the Nascent Chain Tracking (NCT) assay, mRNA (red) and nascent polypeptide chains (green or blue) in translation sites co-move in live cells. New probes, including the MoonTag nanobody and anti-HA frankenbody, can be used to label translation sites in different colors. Together with new reporter tags, including the MoonTag and SunTag Hybrid (MASH) tag and the multi-frame tag, translation sites in live cells can be lit up in different colors depending on what frame is being translated. Translation intensity signals over time can be modeled using new software, including TransTrack or RNA Sequence to NAseent Protein SIMulator (RSNAPSIM).
Figure 2. Recent applications of NCT to study active translation dynamics

(a) NCT was combined with Single-Molecule Fluorescence In Situ Hybridization (smFISH) in fixed cells to measure the distance between the ends of the mRNA (red and orange). This was combined with antibody staining of nascent polypeptide chains (green) to count the translating ribosomes. By measuring the distance between 3’ (red) and 5’ (orange) mRNA probes and counting the number of translating ribosomes, 2D mRNA structures were quantified. (b) Two NCT systems were used to measure ribosome recruitment kinetics to a canonical (green) and non-canonical (blue) Open Reading Frame (ORF) and how ribosomes pick a start site once recruited to the mRNA. These assays were also conducted under stress conditions and differences in ribosome recruitment and ORF selection were measured. (c) By combining endoplasmic reticulum staining with NCT, mRNA localization and ribosomal content were determined. (d) NCT was used to investigate the heterogeneity of ribosomal elongation kinetics, including stalling at specific pause sites or frameshifting at a frameshift sequence. Both of which were associated with ribosomal traffic jams.
Figure 3. Recent applications of NCT to study translation repression dynamics

Above: When a ribosome initiates translation, a green signal appears at a red-labeled mRNA (1). Once translating ribosomes reach a Premature Termination Codon (PTC), they can trigger Nonsense-Mediated Decay (NMD) (2). NMD slices an mRNA in half, which physically separates the green translating ribosome signal on the upstream half of the mRNA from the red mRNA tag signal (3). The count and dwell time of ribosomes and the mRNA slicing event can be determined from the green signal location and intensity.

Below: After adding acute cell stress, translation is repressed, seen in the cell as loss of green translation signal (1–2). Translationally-silent, red signal-only mRNA can enter stress granules or P bodies (3). After the stress is removed, stress granules dissolve, releasing the mRNA (4). Then, translation recommences, as seen in the cell by green-labeled nascent peptide colocalizing with red mRNA (5).